

HOSPITAL DISCHARGE CHECKLIST

- Baby birth registration information
- OB/midwife follow up plan: mom
- Dr/midwife follow up plan: baby
- Prescriptions as needed
- Information re: community supports
- Referrals as needed
- Peri bottle
- Sitz bath
- Disposable underwear
- Blue pads
- Personal belongings
- Phone charger (commonly forgotten)
- Baby blanket
- Birth records (if needed)
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